VOLUME 39, ISSUE 5 NOVEMBER 22, 2021

## **Mott Poll Questions**



## Gratitude

The following questions were answered by parents with children age 4-10 years old.

Q1. Do you do any of the following to help your [x]-year-old child learn to show gratitude?

	Regularly	Occasionally	Rarely
a. Say please and thank you			
b. Do chores to help family			
c. Say prayers about what they are thankful for			
d. Write/make thank you cards for gifts			
e. Donate own money to chartiy			
f. Donate toys or clothes to charity			

Q2. Have you involved your [x]-year-old child in volunteer or service activities...

	Yes	No	Unsure	N/A
a. Through school (e.g. fundraiser, clean-up day)				
b. Through a place of worship				
c. Through a community organization				
d. For neighbors or family members				

## Q3. How much do you agree with the following statements?

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
a. Our family has daily conversations about what we are grateful for				
b. Children today are not grateful for what they have				
c. Sometime I am embarrassed by how selfish my child acts				
d. I worry that I am giving my child too much				
e. It is possible to teach children to be grateful				

Q4. How much of a priority is it to teach your child gratitude?

- 1. High priority
- 2. Medium priority
- 3. Low priority

All information is the sole property of the University of Michigan C.S. Mott Children's Hospital National Poll on Children's Health. It can only be used if there is an acknowledgment that "The information came from, is copyright by and is owned by and belongs to the Regents of the University of Michigan and their C.S. Mott Children's Hospital National Poll on Children's Health. It cannot be republished or used in any format without prior written permission from the University."



## C.S. Mott Children's Hospital National Poll on Children's Health

Co-Director: Sarah J. Clark, MPH Co-Director: Gary L. Freed, MD, MPH Poll Manager: Dianne C. Singer, MPH Data Analyst: Acham Gebremariam, MS Publication Designer: Sara L. Schultz, MPS

Contact: <a href="https://MottPoll.org">https://MottPoll.org</a>
Twitter: @CSMottPoll